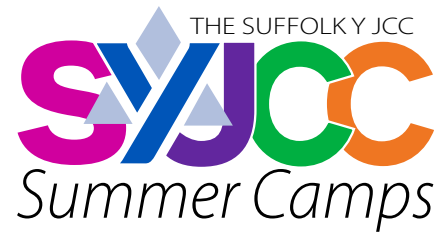


AWAY TRIP- Week 2



UNIT- **SPORTS/TWEENS 8/9**
NAME OF PLACE - **NEW YORK**
DATE OF TRIP - **JULY 5TH-JULY 7TH**

DROP OFF AT Y BUILDING NO LATER THAN - 7:45AM ON JULY 5TH

(Do not put your child on their regular bus)

PICK UP AT Y BUILDING AT APPROXIMATELY - 6:00PM ON JULY 7TH

(Please call the Y at 462-9800 after 3:30pm for a more exact time of arrival)

Please bring a bag lunch for the first day. All other meals will be provided.

MEDICATION: must be in a prescription bottle. A written note from the parent, including instructions and a permission note from the physician must be included. All medications are to be handed to the Unit Head prior to the trip.

SPENDING MONEY: for this trip is at your discretion.

ALL CAMPERS MUST BRING A Y CAMP T-SHIRT TO WEAR.

Attached you will find a checklist and Itinerary .

The campers will be staying at the **Metro West JCC**

Rebecca Oyer
Camp Director

Nicole Helfman
Assist. Camp Director

Adam Mirowitz
Tweens Unit Head

Shaina Fischer
Sports Unit Head

Please fill out and sign the bottom of this permission slip and have your child return it to camp tomorrow.

I GIVE PERMISSION FOR MY CHILD TO GO ON AN AWAY TRIP TO NEW YORK

Child's Name _____

Parent/Guardian Signature _____

Phone # _____

Work# _____

Emergency Phone # _____

CHECKLIST FOR 2-DAY TRIP TO NEW YORK

CLOTHING

2 changes of clothing

1 bathing suit

1 sweatshirt

1 pair of jeans (or long pants)

Raincoat or hooded poncho

Extra shoes or old sneakers and extra socks packed in tote bag

Sleepwear (gym shorts & T-shirt) **CAMPERS ARE NOT ALLOWED TO SLEEP IN THEIR UNDERWEAR**

SLEEPING GEAR

Sleeping bag

Pillow-not to be packed (CARRY ON BUS)

Air mattress or foam rubber pad (if needed)

MISCELLANEOUS

2 towels

Toilet articles: toothbrush, soap, deodorant, comb, brush, hair dryer, shampoo, etc.

Laundry bag for wet towels and bathing suits

Camera - **DO NOT PACK, CARRY ON BUS**

Inexpensive watch

A book or other bus activities if desired

NOTE: Don't send valuables or expensive clothing or jewelry. The Suffolk Y is NOT responsible for damage or loss of personal belongings. **PLEASE LABEL EVERYTHING, INCLUDING SUITCASE.** All clothing, etc. should fit into a medium-size suitcase. No clothing is to be carried on hangers.

ITINERARY

* MSG Tour

* Ripley's Believe It or Not Museum

* Metlife Stadium Tour

* Shark Downtown

*Bronx Zoo

and more....