



# The Mont er Family Early Childhood Cent er

## Parent Education Workshops

A series of programs dedicated to building positive relationships between parents and their children

### **Parenting a Preschooler:**

### *Do's & Dont's and In Between*

**Wednesday, November 8th 7-8:30pm**

**Guest Speaker: Rebecca Fontanetta, Psy.D**  
**Pediatric Neuropsychologist (& Past SYJCC Camper)**

Rebecca Fontanetta, Psy.D, received her doctoral degree in clinical psychology from Nova Southeastern University. She completed her clinical psychology internship at St. Vincent Neuroscience Institute at St. Vincent Hospital and fellowships at Mass General for Children at NSMC and Stony Brook Medicine. Originally from Long Island, Dr. Fontanetta specializes in the evaluation and treatment of children ages 12 months through 21 years with brain based-behavior disorders, as well as those who have undergone medical treatment affecting cognition. She has particular interest in neurodevelopment, behavior, anxiety, and mood disorders in children.

*Parenting preschoolers has been said to be toughest*  
(arguably second to teenage years), *especially for first time parents.*

- What constitutes “normal” behavior?
- Do times-outs really work?
- Should my child be reading already?
- Are sensory processing disorders real?
- Who do I turn to if I believe my child needs extra support?

Find out the answers to these questions and more as well as strategies for behavior modification and socializing with peers

**Fee: \$25 per person**

If you need more information,  
contact Marci Sherman at 631-462-9800 x 105



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## Infant/Child Safety

Thursday, December 7th 6:30-9pm

**Guest Speaker: Linda Zuccaro, BSED, LCCE**

Linda Zuccaro, BSED, LCCE is a certified American Red Cross Infant/Child CPR Instructor. She has also been teaching Lamaze childbirth classes, baby basic and child safety classes for over 20 years.

*Be Prepared! Would you know what to do if your child were choking, stopped breathing, or suddenly became injured or ill? Learn basic first aid, lifesaving skills, childproofing your home.*

### TOPICS INCLUDE:

- Car Seat Safety
- Safety in the Home
- Choking
- Dangerous Foods
- Safe Eating Habits
- Breathing Emergencies
- Poisoning
- Allergic Reactions
- Use of Epi Pen
- Basic First Aid
- CPR

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## Toilet Training Guidelines for Parents

Thursday, November 16th 7-8:30

**Guest Speaker: Lisa Box**

Liz Box is a Verified Specialty Instructor through SUNY Health and Safety through the NYS Early Learning Development System. She has over 20 years experience in the field in various roles including business manager, assistant director, trainer, and mentor. Additionally Liz serves as a CDA instructor and advisor as well as serving as a National Association for Family Child Care (NAFCC) Observer. She has been trained through NAFCC in specialty training for Family Child Care Providers.

Liz is currently working as mentor and trainer for family child care providers who are part of the Quality Stars New York pilot program. Liz's prior experience includes her experience at the Nassau County American Red Cross where she developed a specialty department for both Center Base and Family Child Care Programs.

Know the signs from your child that he or she is ready to potty train and different techniques that will help you be supportive of them learning this difficult task.

- How do I know my child is ready?
- What do I do if my child refuses?
- Is there a difference between boys and girls?
- Should I use rewards?
- Can it really be done in 3 days?

**Fee: \$25 per person**

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