



presents

You Can Dance

Inclusive Modern Dance Program

Join us during the December School Break
for an hour of Dancing, Music and Fun!

3:15pm-4:15pm

December 26, 27, 28, 29

The final date will include a performance showcase

Fees

Members: \$40/ 4 classes

Non-Members: \$60/ 4 classes

Pick up from all SYJCC Holiday Programs

All are welcome. Classes are open to the public.



Sponsored by Butler Special Needs Center
The Butler Special Needs Center is funded through
a generous grant from the J.E. & Z.B. Butler Foundation.

*Pre-paid registration is required to
ensure adequate staffing ratios

Any questions, contact
Elizabeth Haft 631-462-9800 x 142
or ehaft@syjcc.org





presents

Om 4 All Inclusive Yoga

With light Reiki, Massage & Aroma Therapy

Learn and practice yoga poses, breathing techniques and mindfulness to relax the body and mind!

**Sundays 11:30am-12:30pm
January 7, 14, 21, 28, February 4, 11**

Fees*

Members: \$50/ 6 classes

Non-Members: \$75/ 6 classes

All welcome!

Classes are open to the public.



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