

SEPTEMBER 2018 EVENTS CALENDAR

SYJCC Senior Program



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| <u>LABOR DAY</u> CLOSED | 4 10:00am Let's Be Honest 10:00am What's New With You? Paula Silver 10:00am Group Meditation w/ Anju Jain 11:00am Chair Yoga w/ Diana 12:45pm The Life Of A Bee And The Beekeeper / Gerald Raffa, Speaker | 5 10:00am Current Events 11:00am Senior Shape-Up 11:00am Games/Scrabble 12:00pm Rosh Hashanah Lunch 12:45pm Musical Entertainment with Warne Schein / Vocalist Sings Popular Songs | 6 10:00am Sound of Newness 5779 Rosh Hashanah Program-Adults & Early Childhood Dept. 11:00am Arthritcise or Exercise Tape 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 2:00pm Rosh Chodesh / Women's New Moon Circle / Tishri 3:00pm Sociable Singles Open House Light Refreshments Served | 7 11:00am Silver Sneakers (Open to All) 12:45pm Bingo 1:30pm Shop On The Way Home |
| <u>ROSH HASHANAH</u> CLOSED | <u>ROSH HASHANAH</u> CLOSED | 12 10:00am Current Events 11:00am Senior Shape-Up 11:00am Blood Pressure Screenings 11:00am Games/Scrabble 12:45pm Musical Entertainment with Phyllis Tagg / Vocalist And Pianist 2:00pm The Women's Room | 13 10:00am Sound of Newness 5779 Yom Kippur Program-Fresh Step For The New Year / Rabbi Sheila Goloboy 10:30 JEWISH EXPERIENCE KICK OFF EVENT/Tribute to Jazz Virtuoso Michael Brecker/Lecture Lunch Concert 11:00am Chair/Line Dancing 12:45pm Reading Shakespeare Aloud | 14 11:00am Silver Sneakers (Open to All) 12:00pm Shabbat Luncheon (Preregister in Room 24 by Sep 7) 12:45pm Musical Entertainment w/ Susan Capri / Vocalist with Keyboard Accompaniment 12:45pm Bingo |
| 17 10:00am Civilization & the Jews with Irving Weiss or Film 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Musical Entertainment by Randy Accardi / Vocalist Sings Popular Songs | 18 10:00am Let's Be Honest 10:00am They're Playing Our Song, Sing-A-Long / Christine Smith 10:00am Group Meditation w/ Anju Jain 11:00am Chair Yoga w/ Diana 12:45pm American History w/ Steve Rochester | <u>YOM KIPPUR</u> CLOSED | 20 10:00am Laugh Till It Hertz 11:00am Arthritcise or Exercise Tape 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Bingo | 21 10:30am Lifelong Learning Lecture <i>See separate schedule for speaker and fee information</i> 11:00am Silver Sneakers (Open to All) 12:45pm Bingo 1:30pm Shop On The Way Home |
| <u>SUKKOT</u> CLOSED | NO BUS SERVICE NO FOOD SERVICE NO PROGRAMS | 26 10:00am Current Events 11:00am Senior Shape-Up 11:00am Games/Scrabble 12:45pm Musical Entertainment by Henry Covner / Vocalist Sings Contemporary Music / Birthday Party Celebration 2:00pm The Women's Room | 27 10:00am Sound of Newness 5779 Sukkot Harvest Festival-Celebrate in The Sukkah / Refreshments Served 11:00am Arthritcise or Exercise Tape 12:45pm Reading Shakespeare Aloud 12:45pm Bingo | 28 11:00am Silver Sneakers (Open to All) 12:45pm Bingo 1:30pm Shop On The Way Home |

Don't Miss Out!
Shabbat Luncheon / Fri, Sep 14th
Register by Sep 7 (\$6pp Suggested Donation)
Sound of Newness 5779:
Sep 6, 13 & 27 (see flyer)
Info & Register: Janine Mandera
(Room 24) 631-462-9800 x147

•SAVE THE DATE • 25TH Anniversary Event
THURSDAY, SEPTEMBER 13TH • Special Kick Off Event
Tribute to Jazz Virtuoso Michael Brecker
Lecture Lunch Concert
JEWISH EXPERIENCE LUNCH & LEARN & Lifelong Learning Series
see flyers for additional info
Info: (631) 462-9800 x 121 or x 134



For further information, please call Tina Block, Director of Senior Services, (631) 462-9800 x121
Janine Mandera, Nutrition Program, (631) 462-9800 x147
The SYJCC, 74 Hauppauge Road, Commack, NY 11725 www.syjcc.org



This program is generously supported by The Suffolk County Office of the Aging.