

SEPTEMBER 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>LABOR DAY</u> CLOSED	4 Veggie Burger Kaiser Roll Lettuce/Tomato/Onion Cole Slaw Peaches	5 <u>ROSH HASHANAH LUNCH</u> Lentil Soup Roasted Chicken Sweet Potato Tsimmes Broccoli Apple Sauce Challah Bread Honey Cake	6 Cranberry Juice Cheese Lasagna Romaine/Tomato/Cucumber Salad w/ O & V Italian Bread Tangerine	7 Potato Bureka Hard Boiled egg Cole Slaw Sautéed Spinach w/Beans Pears
10 <u>ROSH HASHANAH</u> CLOSED	11 <u>ROSH HASHANAH</u> CLOSED	12 Bagel with Lox & Cream Cheese Romaine/Tomato/Onion Cucumber Salad Mandarin Oranges	13 Juice Cheese Blintzes w/ Sour Cream Romaine Salad w/ O&V Chick Pea Salad Melon	14 <u>SHABBAT LUNCH</u> Lentil Soup Roasted Chicken Apple Sauce Israeli Cous Cous Cauliflower & Carrots Challah Roll Dessert
17 OJ Mediterranean Fish Brown Rice Pilaf Carrots & Broccoli Dinner Roll Pears	18 <u>11:30 Lunch Today</u> Bagel w/ Whitefish Salad Lettuce/Tomato/Onion Cucumber Salad Banana	19 <u>YOM KIPPUR</u> CLOSED	20 Veggie Lo Mein w/ Tofu Broccoli w/ Garlic Sauce WW Bread Fruited Jello	21 Cheese Quesadilla Tomato Salsa & Sour Cream Shredded Lettuce Salad Carrot Salad Peaches
24 <u>SUKKOT</u> CLOSED	25 NO FOOD NO BUS	26 Eggplant Parmesan Over Pasta w/ Marinara Sauce Italian Bean Salad Italian Bread Orange Birthday Cake	27 OJ Spinach & Cheese Spanakopita Romaine Salad w/ O&V Dinner Roll Mixed Fruit	28 Zucchini Soufflé Macaroni Salad Tomato Salad Straw/Banana Yogurt Pears

**Daily registration
by 10:30am
Sign-up in Room 24**

**INFO: JANINE MANDERA
(631) 462-9800 X147**

SYJCC KOSHER LUNCH PROGRAM

Please Note: This menu is subject to change. Please check the board for the menu of the

REMEMBER TO SIGN UP!

ROSH HASHANAH LUNCHEON - SEP 5TH
Preregister in Room 24 by AUG 30 (\$6 per person*)

SHABBAT LUNCHEON - SEP 14TH
Preregister in Room 24 by SEP 7 (\$6 per person*)
* suggested donation



Lunch is served at 12:00 noon daily. Suggested Contribution: \$4.00 Each meal includes bread, margarine and 1% milk. Menu is subject to change at the discretion of the Suffolk County Office of Nutritional Services. All meals prepared are under Rabbinical Supervision.

SYJCC Senior Nutrition Program is funded by The Suffolk County Office for the Aging, under Title 3C of the Older Americans Act. Persons with self-declared incomes at or above 185% of the federal poverty level are encouraged to make a contribution equal to the actual cost of the meal.