


NOVEMBER 2018 EVENTS CALENDAR

SYJCC Senior Program



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Don't Miss Out! Shabbat Luncheon / NOV 2 Register by OCT 26 (\$6pp Suggested Donation) THANKSGIVING LUNCH / NOV 14 Register by Nov 7 (\$10pp Suggested Donation) Info & Register: Janine Mandera (Room 24) 631-462-9800 x147</p>	<p>•SAVE THE DATE• WED, NOV 7TH • 10:15AM HONORING OUR VETERANS Free Lunch for Veterans & Spouses (\$6pp for Non-Veterans) Register by Oct 31 Info & Register: (631) 462-9800 x121 or x147 M-F, NOV 26-30TH • 9AM-6PM CELEBRATING JEWISH BOOK MONTH (IN THE LOBBY)</p>		<p>1 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Bingo</p>	<p>2 11:00am Silver Sneakers (Open to All) 12:00pm Shabbat Luncheon (Preregister in Room 24 by Oct 26) 12:45pm Musical Entertainment w/ Ari Leshans / Jewish & Israeli Music 1:30pm Shop On The Way Home</p>
<p>5 10:00am Civilization & the Jews with Irving Weiss or Film 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Fall Prevention "Straighten Up Your Life" Don't Give Into Pain / Speaker: Physical Therapist from Metro Physical & Aquatic Therapy</p>	<p>6 10:00am Let's Be Honest 10:00am What's New With You? Paula Silver 11:00am Chair Yoga 12:45pm American History w/ Steve Rochester</p>	<p>7 Honoring Our Veterans 10:15am Tribute Ceremony 10:30am Panel of Professionals 11:45am Veterans- Special Lunch (Veterans & Spouses Eat Free) Non-Veterans \$6 pp Register by Oct 31 12:30pm Summer Breeze Music Trio 11:00am Senior Shape-Up</p>	<p>8 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Bingo</p>	<p>9 10:30am Ten Times Chai Jewish Experience Lunch & Learn Lecture See separate schedule for speaker and fee information 11:00am Silver Sneakers (Open to All) 2:45pm Friendly Fridays w/ Jessica 12:45pm Bingo 2:00pm The Women's Room</p>
<p>12 9am-6pm Tzedekah Crafts Fair (In the Lobby) 10:00am Kristallnacht Program 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Senior Citizens Law Program: Free Legal Assistance for Suffolk County Residents / Speaker: Denise Doty</p>	<p>13 9am-6pm Tzedekah Crafts Fair (In the Lobby) 10:00am Let's Be Honest 10:00am Connections with Michelle Herman 11:00am Chair Yoga w/ Diana 12:45pm Influential Women w/ Freddie Friedman</p>	<p>14 10:00am Current Events 11:00am Blood Pressure Screenings 11:00am Games/Scrabble 11:00am Senior Shape-Up 12:00pm Thanksgiving Lunch 12:45pm Musical Entertainment by Tom Parris / Vocalist Sings Popular Music</p>	<p>15 10:00am The Olive Bed of Being A Mensch (New Museum Exhibit) 11:15am STEM Intergenerational Program 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Sing-A-Long w/ Christine 2:00pm Rosh Chodesh / Women's New Moon Circle / Kislev</p>	<p>16 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 12:45pm Bingo 1:30pm Shop On The Way Home 2:00pm The Women's Room</p>
<p>19 10:00am Civilization & the Jews with Irving Weiss or Film 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Musical Entertainment w/ Yesterday Once More / Musical Memories of 40s, 50s & 60s</p>	<p>20 10:00am Let's Be Honest 10:00am Arts & Crafts w/ Michele Hertz 11:00am Chair Yoga 12:45pm American History w/ Steve Rochester</p>	<p>21 10:00am Current Events 11:00am Senior Shape-Up 11:00am Games/Scrabble 12:45pm Musical Entertainment by Phyllis Tagg / Vocalist Sings Favorite Songs</p>	<p>22 THANKSGIVING CLOSED</p>	<p>23 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 12:45pm Bingo 1:30pm Shop On The Way Home 2:00pm The Women's Room</p>
<p>26 10:00am Civilization & the Jews with Keve Karalitzky 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 11:45am Enjoy Lunch With A Special Film Showing After 12:30pm Special Film: Once / *Late Bus</p>	<p>27 10:00am Let's Be Honest 11:00am Bobby & Bernice's Bissel Yiddish 11:00am Chair Yoga w/ Diana 12:45pm Influential Women w/ Freddie Friedman</p>	<p>28 10:00am Current Events 11:00am Senior Shape-Up 11:00am Games/Scrabble 12:45pm Birthday Party Celebration Musical Entertainment by Charles Henry / Vocalist Sings Contemporary Music</p>	<p>29 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Unleash Your Creativity 12:45pm Reading Shakespeare Aloud 12:45pm Bingo</p>	<p>30 10:30am An Afternoon At The Barnes Museum Lifelong Learning Lecture See separate schedule for speaker and fee information 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 12:45pm Bingo 2:00pm The Women's Room</p>

For further information, please call Tina Block, Director of Senior Services, (631) 462-9800 x121
 Janine Mandera, Nutrition Program, (631) 462-9800 x147
 The SYJCC, 74 Hauppauge Road, Commack, NY 11725 www.syjcc.org

