

DECEMBER 2018 EVENTS CALENDAR

SYJCC Senior Program



Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00am Civilization & the Jews with Irving Weiss or Film 11:00am Stretch & Strengthen 12:45pm Helen Keller Services For The Blind / Speaker: Robin Levine-Dinerstein, MS/CVT	4 10:00am Let's Be Honest 10:00am What's New With You? Paula Silver 10:00am HILCAP/One-On-One Medicare Counseling (By appt. only) Register by 12/3 Room 24/ Counselor: Maryflorence Brennan 11:00am Chair Yoga 12:45pm American History w/ Steve Rochester	5 10:00am Current Events 11:00am Senior Shape-Up 11:00am Games/Scrabble 12:00pm Hanukkah Party 12:45pm Musical Entertainment by Ari Leshans / Traditional and Contemporary Jewish Music	6 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Bingo	7 11:00am Silver Sneakers (Open to All) 12:00pm Shabbat Luncheon (Preregister in Room 24 by Nov 28) 12:45pm Musical Entertainment w/ Margo Cohen / Vocalist Sings Your Favorite Songs 1:30pm The Women's Room
10 10:00am Civilization & the Jews with Keve Karalitzky 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm How To Kick Your Sugar Habit / Speaker: Dina Legland, RN, CHC, CLC	11 10:00am Let's Be Honest 10:00am Connections with Michelle Herman 11:00am Chair Yoga w/ Diana 12:45pm Influential Women w/ Freddie Friedman	12 10:00am Current Events 11:00am Blood Pressure Screenings 11:00am Games/Scrabble 11:00am Senior Shape-Up 12:45pm Jacob Conklin: A Pirate In Our Own Backyard / Speaker: Charlotte Muchnik	13 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Bingo 2:00pm Rosh Chodesh / Women's New Moon Circle / Tevet	14 10:30am Bob Dylan's Jewish Music Jewish Experience Lunch & Learn Lecture See separate schedule for speaker and fee information 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 1:30pm The Women's Room
17 10:00am Civilization & the Jews with Irving Weiss or Film 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Musical Entertainment by Joe DePiola / Vocalist Sings Popular Songs	18 10:00am Let's Be Honest 10:00am Arts & Crafts w/ Michele Hertz 11:00am Chair Yoga 12:45pm American History w/ Steve Rochester	19 10:00am Current Events 11:00am Games/Scrabble 11:00am Senior Shape-Up 12:45pm Musical Entertainment by Naomi Zeitlin / Vocalist With Keyboard Accompaniment	20 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Sing-A-Long w/ Christine	21 10:30am The Roots of Doo-Wop Rock N' Roll Lifelong Learning Lecture See separate schedule for speaker and fee information 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 1:30pm The Women's Room
24 10:00am Civilization & the Jews with Keve Karalitzky 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Musical Entertainment by Jerry Ross Duo / Vocals, Saxophone And Keyboards	25 <h2 style="margin: 0;">CHRISTMAS</h2> <h2 style="margin: 0;">CLOSED</h2>		26 10:00am Current Events 11:00am Games/Scrabble 11:00am Senior Shape-Up 12:45pm Birthday Party Celebration Musical Entertainment by Rhonda Denet / Soul Good Vocalist	28 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 1:30pm The Women's Room
31 10:00am Civilization & the Jews with Keve Karalitzky 11:00am Stretch & Strengthen 11:45am New Year's Lunch 12:30pm New Year's Party / Musical Entertainment by Steve Cassano / Vocalist Sings Your Favorite Songs 12:30pm Military History Roundtable	Hanukkah Party Wed, Dec 5 • 12:00pm Featuring Entertainment by Ari Leshans \$6 pp • Suggested Contribution Preregistration required by Dec 3 REGISTER ONLINE, IN-PERSON (ROOM 24) Or CALL (631) 462-9800 x147 Or x121		<h2 style="margin: 0;">NEW YEAR'S PARTY</h2> Mon, Dec 31 • 11:45am Lunch • 12:30pm Party Featuring Entertainment by Steve Cassano \$6 pp Party Only • \$10 pp Lunch & Party Preregistration required by Dec 24 REGISTER ONLINE, IN-PERSON (ROOM 24) Or CALL (631) 462-9800 x147 Or x121	



For further information, please call Tina Block, Director of Senior Services, (631) 462-9800 x121
 Janine Mander, Nutrition Program, (631) 462-9800 x147
The SYJCC, 74 Hauppauge Road, Commack, NY 11725 www.syjcc.org



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