

# DECEMBER 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> OJ Mediterranean Fish Brown Rice Carrots & Broccoli Dinner Roll Apple	<b>4</b> Bagel with Lox & Cream Cheese Romaine/Tomato/Onion Cucumber Salad Mandarin Oranges	<b>5</b> <u>Hanukkah Lunch</u> Juice Cheese Blintzes w/ Sour Cream Romaine Salad w/ O&V Latkes & Apple Sauce Jelly Donuts	<b>6</b> Zucchini Soufflé Macaroni Salad Tomato Salad Strawberry/Banana Yogurt Pears	<b>7</b> <u>Shabbat Lunch</u> Tomato Soup Roasted Chicken Apple Sauce Stuffing Broccoli Challah & Dessert
<b>10</b> Veggie Burger Kaiser Roll Sliced Let/Tom/Onion Cole Slaw Peaches	<b>11</b> Veggie Lo Mein w/ Tofu Broccoli w/ Garlic sauce WW Bread Fruited jello	<b>12</b> Veggie Soup Fried Onion Egg Salad On Bialy Sliced Asst Veggies Apricots	<b>13</b> Stuffed Cabbage Sweet & Sour Sauce Israeli Cous Cous Peas & Carrots Fruit Salad	<b>14</b> OJ Pizza Spinach w/ Garlic & Oil Applesauce
<b>17</b> Potato Bureka Hard Boiled egg Cole Slaw Sauteed Spinach w/ Beans Pears	<b>18</b> Bagel w/ Whitefish Salad Lett/Tom/Onion Cucumber Salad Banana	<b>19</b> Minestrone Soup Fish Cakes & Tartar Sauce Baked Sweet Potato Fries Broccoli Roll Oranges	<b>20</b> OJ Veggie Meatball Parmesan Hero Romaine Salad w/ O&V Pineapple	<b>21</b> Bean Chili w/ Cheese Over Brown Rice Cauliflower Fruit Cocktail
<b>24</b> Eggplant Parmesan Over Pasta Marinara Italian Bread Ratatoulli Fruit Salad	<b>25</b> <u><b>CHRISTMAS</b></u> <b>CLOSED</b>	<b>26</b> Black Bean Soup Spinach & Cheese Spanakopita Romaine Salad w/ O&V Dinner Roll Mixed Fruit	<b>27</b> Cheese Quesadilla Shredded Lettuce w/ O&V Salsa & Sour Cream Carrot Salad Peaches	<b>28</b> Apple Juice Tuna Salad w/ Bialy Lett/Tom/Onion Beet Salad Chocolate Pudding
<b>31</b> <u>New Year's Lunch</u> Veggie Soup Cheese Lasagna Romaine/Tom/Cuc Salad w/ O&V Italian Bread Tangerine	<b>Daily registration by 10:30am Sign-up in Room 24</b>  <b>INFO: JANINE MANDERA (631) 462-9800 X147</b>		<b>SYJCC KOSHER LUNCH PROGRAM</b>  <i>Please Note: This menu is subject to change. Please check the board for the menu of the</i>	

**Lunch is served at 12:00 noon daily. Suggested Contribution: \$4.00** Each meal includes bread, margarine and 1% milk. Menu is subject to change at the discretion of the Suffolk County Office of Nutritional Services. All meals prepared are under Rabbinical Supervision.

SYJCC Senior Nutrition Program is funded by The Suffolk County Office for the Aging, under Title 3C of the Older Americans Act. Persons with self-declared incomes at or above 185% of the federal poverty level are encouraged to make a contribution equal to the actual cost of the meal.