

FEBRUARY 2019 EVENTS CALENDAR

SYJCC Senior Program



Monday	Tuesday	Wednesday	Thursday	Friday
				1 11:00am Silver Sneakers (Open to All) 12:00pm Shabbat Luncheon (Preregister in Room 24 by Jan 25) 12:45pm Musical Entertainment by Squeaky Clean / Duo Sings A Variety of Well Loved Songs 1:30pm The Women's Room
4 10:00am Civilization & the Jews with Irving Weiss or Film 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Musical Entertainment by Jerry Ross Duo/Vocals, Saxophone and Keyboard	5 10:00am Let's Be Honest 10:00am Connections with Michelle Herman 11:00am Chair Yoga w/ Diana 12:45pm American History w/ Steve Rochester	6 10:00am Current Events 11:00am Sit And Fit 11:00am Games/Scrabble 12:45pm Musical Entertainment by Tom Parris / Vocalist Sings Popular Music	7 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Bingo 2:00pm Rosh Chodesh / Women's New Moon Circle / Adar 1	8 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 12:45pm The Giving Shabbat/Warm the heart & body of someone in need. Bring an item into donate: hats, gloves, scarfs, tea, hot chocolate.../ Bat-Sheva Slavin 1:30pm The Women's Room
11 10:00am Civilization & the Jews with Keve Karalitzky 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 11:45am Enjoy Lunch With A Special Film Showing After 12:30pm Film: <i>The Way We Were</i> w/ Barbara Steisand & Robert Redford / * Late Bus	12 10:00am Let's Be Honest 10:00am What's New With You? Paula Silver 11:00am Chair Yoga w/ Diana 12:45pm Influential Women w/ Freddie Friedman	13 10:00am Current Events 11:00am Blood Pressure Screenings 11:00am Games/Scrabble 11:00am Sit And Fit 12:00pm Sweetheart Day Party 12:45pm Musical Entertainment by Henry Covner / Vocalist Sings Contemporary Music	14 10:00am Laugh Till It Hertz 11:00am Changing Times w/ Alana & Jessica 12:45pm Reading Shakespeare Aloud 12:45pm Unleash Your Creativity 12:45pm Sing-A-Long w/ Christine	15 10:30am How Today's Jewish Artists Are Revolutionizing Art Jewish Experience Lunch & Learn Lecture See separate schedule for speaker and fee information 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 1:30pm The Women's Room
18 10:00am Civilization & the Jews with Irving Weiss or Film 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm Senior Community Resources/Speaker: Margaret Bourke/ St. Johnland Nursing Center	19 10:00am Let's Be Honest 10:00am Arts & Crafts w/ Michele Hertz 11:00am Chair Yoga w/ Diana 12:45pm American History w/ Steve Rochester	20 10:00am Current Events 11:00am Games/Scrabble 11:00am Sit And Fit 12:45pm Musical Entertainment by Pazazz / Singing Duo Performs Popular Hits	21 10:00am Laugh Till It Hertz 11:00am STEM Intergenerational Program 12:45pm Unleash Your Creativity 12:45pm Reading Shakespeare Aloud 12:45pm Bingo	22 11:00am Silver Sneakers (Open to All) 12:45pm Friendly Fridays w/ Jessica 1:30pm The Women's Room
25 10:00am Civilization & the Jews with Keve Karalitzky 11:00am Stretch & Strengthen 12:30pm Military History Roundtable 12:45pm TED Talk / Genetics and DNA / Moderator: Jessica Wulforst / Social Worker Intern	26 10:00am Let's Be Honest 11:00am Building Bridges w / Bernie Gershen 11:00am Chair Yoga w/ Diana 12:45pm Bobby & Bernice's Bissel Yiddish	27 10:00am Current Events 11:00am Games/Scrabble 11:00am Sit And Fit 12:45pm Birthday Party Celebration Musical Entertainment by Long Island Jazz Ensemble/ Playing Familiar Standards	28 10:00am Laugh Till It Hertz 11:00am Changing Times w/ Alana & Jessica 12:45pm Unleash Your Creativity 12:45pm Reading Shakespeare Aloud 12:45pm Bingo	1 MARCH 11:00am Silver Sneakers (Open to All) 12:00pm Shabbat Across America Luncheon (Preregister in Room 24 by Feb 22) 12:45pm Musical Entertainment by Vic Vincent / Popular Dance Music 1:30pm The Women's Room

For further information, please call Tina Block, Director of Senior Services, (631) 462-9800 x121
 Janine Mander, Nutrition Program, (631) 462-9800 x147
The SYJCC, 74 Hauppauge Road, Commack, NY 11725 www.syjcc.org



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