



SANYS U: SELF ADVOCACY OF NEW YORK STATE University

Interactive Self-Advocacy Intensive

SANYS U is a learning adventure that will teach you about the Self-Advocacy Association of NYS, self-advocacy, and the disability civil rights movement. It will help you become strong self-advocates, self-advocacy supporters and future leaders. This course material was designed to build on itself, exploring the world of self-advocacy. Participants will enhance their leadership ability while learning about resources for individuals with developmental disabilities.

For more information, please call:

631.462.9800 Ext. 142 or email: sastachovsky@syjcc.org

Schedule:

SYJCC: 3/20 – Kickoff 7 – 8pm, Room 11
 4/4/2019 10am – 1pm, Room 10
 4/8/2019 10am – 1pm, Room 10
 4/16/2019 10am – 1pm, Room 10
 4/17/2019 10a – 1p Room Hall of Fame
 Project date TBD; Graduation 5/7.

AHRC Plainview (tentative) Regional: 4/9

\$35 Suggested Donation covers all sessions.

The SYJCC is located at 74 Hauppauge Road; Commack, NY 11725

CORE-CURRICULUM

- **Introduction to Self-Advocacy Leadership Development**
- **History of the Disability Rights & Self-Advocacy Leadership**
- **Your individual Rights and Responsibilities**
- **Tips for Strong Self-Advocacy Groups**
- **Self-Advocacy Leadership Skills**
- **Advocate for What You Want!**
- **You and Your Wild and Precious Life!**
- **YOU are Community!**
- **What Are Some Current Self-Advocacy Issues?**
- **Games, Leadership Projects & Graduation**

Developed by:

Self-Advocacy Association of NYS, Inc.

("SANYS")

www.sanys.org