



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 10:30am Civilization & the Jews with Keve Karalitzky or Film</p> <p>10:00am HIICAP/One-On-One Medicare Counseling (By appt. only) Register in Room 24/ Counselor: Maryflorene Brennan</p> <p>11:00am Stretch & Strengthen</p> <p>12:30pm Military History Roundtable</p> <p>12:45pm Musical Entertainment by John Walters / Disco & Contemporary Music</p>	<p>2</p> <p>10:00am Let's Be Honest</p> <p>10:00am What's New With You? Paula Silver</p> <p>11:00am Chair Yoga w/ Diana</p> <p>12:45pm TEDTalks-Topic TBA</p>	<p>3</p> <p>10:00am Current Events</p> <p>11:00am Sit And Fit</p> <p>11:00am Games/Scrabble</p> <p>12:45pm Alex Alexander / Guitarist & Sing-A-Long</p>	<p>4</p> <p>10:00am Laugh Till It Hertz</p> <p>11:00am STEM Intergenerational Program</p> <p>12:45pm Reading Shakespeare Aloud</p> <p>12:45pm Unleash Your Creativity</p> <p>12:45pm Bingo</p>	<p>5</p> <p>10:30am The Life And Legacy of Hannah Kroner Jewish Experience Lunch & Learn Lecture See separate schedule for speaker and fee information</p> <p>11:00am Silver Sneakers (Open to All)</p> <p>12:45pm Friendly Fridays w/ Jessica</p> <p>1:30pm The Women's Room</p>
<p>8</p> <p>10:00am Passover Gourmet (In Main Lobby)</p> <p>10:00am Civilization & the Jews with Keve Karalitzky or Film</p> <p>12:30pm Military History Roundtable</p> <p>12:45pm Broadway Ballads & Show Stoppers: Part II / Speaker: Richard Knox</p>	<p>9</p> <p>10:00am Let's Be Honest</p> <p>10:00am Connections with Michelle Herman</p> <p>11:00am Chair Yoga w/ Diana</p> <p>12:45pm Influential Women w/ Freddie Friedman</p>	<p>10</p> <p>10:00am Current Events</p> <p>11:00am Blood Pressure Screenings</p> <p>11:00am Games/Scrabble</p> <p>11:00am Sit And Fit</p> <p>12:45pm Musical Entertainment by Jim Ambrosio / Vocalist with Keyboard Accompaniment</p>	<p>11</p> <p>10:00am Laugh Till It Hertz</p> <p>11:00am Changing Times w/ Alana & Jessica</p> <p>12:45pm Reading Shakespeare Aloud</p> <p>12:45pm Unleash Your Creativity</p> <p>12:45pm Bingo</p> <p>2:00pm Rosh Chodesh / Women's New Moon Circle / Nisan</p>	<p>12</p> <p>10:30am Exploring Space Lifelong Learning Lecture See separate schedule for speaker and fee information</p> <p>11:00am Silver Sneakers (Open to All)</p> <p>1:30pm The Women's Room</p>
<p>15</p> <p>10:00am Civilization & the Jews with Keve Karalitzky or Film</p> <p>11:00am Stretch & Strengthen</p> <p>12:30pm Military History Roundtable</p> <p>12:45pm Birthday Party Celebration Musical Entertainment by Rhonda Denet / Soul Good Vocalist</p>	<p>16</p> <p>10:00am Let's Be Honest</p> <p>10:00am Arts & Crafts w/ Michele Hertz</p> <p>11:00am Chair Yoga w/ Diana</p> <p>11:00am Building Bridges w/ Bernie</p> <p>12:45pm American History w/ Steve Rochester</p>	<p>17</p> <p>10:00am Current Events</p> <p>11:00am Model Seder with Rabbi Mendy Teldon</p> <p>12:00pm Passover Lunch & Party (\$10 pp suggested contribution)</p> <p>12:45pm Musical Entertainment by Steve Cassano / Vocalist Sings Your Favorite Songs</p>	<p>18</p> <p>10:00am Laugh Till It Hertz</p> <p>11:00am STEM Intergenerational Program</p> <p>12:45pm Unleash Your Creativity</p> <p>12:45pm Reading Shakespeare Aloud</p> <p>12:45pm Sing-A-Long w/ Christine</p>	<p>19</p> <p>NO LUNCH</p> <p>NO BUS SERVICE</p> <p>11:00am Silver Sneakers (Open to All)</p> <p>1:30pm The Women's Room</p>
<p>22</p> <p>10:00am Civilization & the Jews with Keve Karalitzky or Film</p> <p>11:00am Get BIG, The Parkinson's LSVT Program / Speaker: Daniel Nagorski, DPT, Metro Physical Therapy</p> <p>12:30pm Military History Roundtable</p> <p>12:45pm Musical Entertainment by Long Island Jazz Ensemble / Playing Familiar Standards</p>	<p>23</p> <p>10:00am Let's Be Honest</p> <p>11:00am Chair Yoga w/ Diana</p> <p>12:45pm Bobbie & Bernice's Bissel Yiddish</p>	<p>24</p> <p>10:00am Current Events</p> <p>11:00am Games/Scrabble</p> <p>11:00am Sit And Fit</p> <p>12:45pm The Language of Healthcare / Speaker: Amy Schiller, Director of Marketing, Gurwin Family of Healthcare Services</p>	<p>25</p> <p>10:00am Laugh Till It Hertz</p> <p>11:00am Changing Times w/ Alana & Jessica</p> <p>12:45pm Unleash Your Creativity</p> <p>12:45pm Reading Shakespeare Aloud</p> <p>12:45pm Bingo</p>	<p>26</p> <p>11:00am Silver Sneakers (Open to All)</p> <p>1:30pm The Women's Room</p> <p>1:30pm Shop On Your Way Home</p>
<p>29</p> <p>10:00am Civilization & the Jews with Keve Karalitzky or Film</p> <p>11:45am Enjoy Lunch With A Special Film Showing After</p> <p>12:30pm Film: Murder By Death / * Late Bus</p> <p>12:30pm Military History Roundtable</p>	<p>30</p> <p>10:00am Let's Be Honest</p> <p>11:00am Chair Yoga w/ Diana</p> <p>12:45pm Influential Women w/ Freddie Friedman</p>			

For further information, please call Tina Block, Director of Senior Services, (631) 462-9800 x121
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