

SUPPORT GROUP

DAY

TIME

DATES

FEE

---

## SUPPORT SERVICES

---

### **Information and Referral**

Do you need information about community services for seniors? Social work staff is available to answer your questions about supports & services available to seniors. Free for SYJCC and Community Members. Contact Tina Block, LMSW x121 [tblock@syjcc.org](mailto:tblock@syjcc.org) or Sheila Goloboy, LMSW x151 [sgoloboy@syjcc.org](mailto:sgoloboy@syjcc.org)

---

### **Family Service League**

Individual and/or group counseling for caregivers. Call Beth Signore, LCSW 631-724-6300.

---

### **SYJCC Kosher Lunch Program**

Hot lunch served Mon-Fri at the SYJCC for a suggested contribution of \$4.00. For information or to register, call Janine Mandera 631-462-9800 x147.

---

### **Transportation**

Limited mini-bus transportation for senior adults to the SYJCC. Suggested contribution of \$3.00 Roundtrip. For information or to register, contact Janine Mandera 631-462-9800 x147.

---

### **Employment Services**

Workshops and individual sessions to assist with navigating the job search process. Free for SYJCC and Community members. Contact Sheila Goloboy, LMSW 631-462-9800 x151 [sgoloboy@syjcc.org](mailto:sgoloboy@syjcc.org)

---