



Summer Camps

Director: Nicole Helfman
 (631)-462-9800 x123
 nhelfman@syjcc.org

SPORTS CAMP

Weeks 1-4 Summer 2019

Rookies = 4th and 5th graders
 All Stars = 6th, 7th, 8th, & 9th graders
 Unit Head: Shaina Fischer

Week	Monday	Tuesday	Wednesday	Thursday	Friday	
WEEK 1 JULY 1 st – JULY 5 th	1 first day of summer 2019 	2 SUPERHERO DAY 	3 8/9 ESCAPE ROOM RED, WHITE & BLUE DAY 	4 NO CAMP HAPPY 4 th of JULY	5 THE SPORTS ARENA yoga clinic oneg	
WEEK 2 JULY 8 th – JULY 12 th	8 PICTURE DAY 	9 STAR WARS DAY 	10 8/9 BOSTON 		11 Rookies BEACH TRIP 	12 SKY ZONE INDOOR TRAMPOLINE PARK oneg
WEEK 3 JULY 15 th – JULY 19 th	15 SPORTS DAY 	16 6-9 DELAWARE 		17 Adventureland Rookies TRIP 18	19 oneg WRESTLING clinic	
WEEK 4 JULY 22 nd – JULY 26 th	22 COLOR RUN WRESTLING clinic	23 DAVE & BUSTER'S 8/9	24 TIE DYE DAY frisbee clinic	25 Mets game Rookies OVERNIGHT	26 yoga clinic oneg	