

# SEPTEMBER 2019 EVENTS CALENDAR

SYJCC Senior Program



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b><u>LABOR DAY</u></b> <b>CLOSED</b></p>	<p>3</p> <p>10:00am Let's Be Honest 10:00am What's New With You? Paula Silver 11:00am Chair Yoga 12:45pm TBD</p>	<p>4</p> <p>10:00am Current Events 11:00am Sit And Fit 11:00am Games/Scrabble 12:45pm <b>The Bee and The Bee Keeper / Gerald Raffa, Beekeeper / Honey tasting and honey available for sale</b></p>	<p>5</p> <p>10:00am <b>Bridging The Two Cultures w/ Bernie Gershen</b> 12:45pm Unleash Your Creativity 12:45pm Reading Shakespeare Aloud 2:00pm <b>Rosh Chodesh-Women's New Moon Circle: Elul / Bat Sheva Slavin</b> 2:30pm <b>Sociable Singles Open House</b> FREE Event: All active singles 60+ are invited</p>	<p>6</p> <p>10:00am Silver Sneakers (Non-Members) 11:00am Silver Sneakers (Members) 12:00pm <b>Shabbat Luncheon</b> (Preregister in Room 24 by Aug 30) 12:45pm <b>Musical Entertainment by Steve Cassano / Vocalist Sings Your Favorite Songs</b> 1:30pm The Women's Room</p>
<p>9</p> <p>10:00am <b>HIICAP/One-On-One Medicare Counseling (By appt. only) Register in Room 24/ Counselor: Mary Ann Simmons</b> 10:00am Civilization &amp; the Jews w/ Keve Karalitzky or Film 12:30pm Military History Roundtable 12:45pm <b>BirthDay Party Celebration</b> Musical Entertainment by Charles Henry / Vocalist Sings Contemporary Music</p>	<p>10</p> <p>10:00am Let's Be Honest 10:00am Connections with Michelle Herman 11:00am TV Classics 11:00am Chair Yoga 12:45pm <b>Influential Women w/ Freddie Friedman</b></p>	<p>11</p> <p>10:00am Current Events 11:00am Games/Scrabble 12:45pm <b>The Importance of Supplements and Flu / Pneumonia Prevention</b> (Followed by Individual Medication Review By Appt.) Register in Room 24 by Mon, 9/9 Speaker: Maria Franco, Gurwin Pharmacist</p>	<p>12</p> <p>10:00am Laugh Till It Hertz 11:00am STEM 12:45pm Unleash Your Creativity 12:45pm Reading Shakespeare Aloud</p>	<p>13</p> <p>10:00am Silver Sneakers (Non-Members) 10:30am <b>Jewish Experience Lunch &amp; Learn Lecture / The Jews Of Brooklyn: Past, Present, Future</b> (See separate schedule for speaker and fee information) 11:00am Silver Sneakers (Members) 12:45pm Coffee Talk 1:30pm The Women's Room</p>
<p>16</p> <p>10:00am Civilization &amp; the Jews w/ Keve Karalitzky or Film 11:00am Stretch &amp; Strengthen 11:00am <b>Blood Pressure Screenings</b> 11:45am <b>Enjoy Lunch With A Special Film Showing After</b> 12:30pm <b>Film: Frisco Kid/ *Late Bus</b> 12:30pm Military History Roundtable</p>	<p>17</p> <p>10:00am Let's Be Honest 11:00am Chair Yoga 11:00am <b>Bobbie &amp; Bernice's Bissel Yiddish</b> 12:45pm <b>American History w/ Steve Rochester</b></p>	<p>18</p> <p>10:00am Current Events 11:00am Sit And Fit 11:00am Games/Scrabble 12:45pm <b>Musical Entertainment by Alex Alexander / Guitarist and Singer: Sing-A-Long</b></p>	<p>19</p> <p>10:00am Laugh Till It Hertz 11:00am <b>Meet Our Intern / Come By And Say Hello To Shelley Grabois</b> 12:45pm Unleash Your Creativity 12:45pm <b>Sing-A-Long w/ Christine</b> 12:45pm Reading Shakespeare Aloud</p>	<p>20</p> <p>10:00am Silver Sneakers (Non-Members) 10:30am <b>Lifelong Learning / Electing The President</b> (See separate schedule for speaker and fee information) 11:00am Silver Sneakers (Members) 12:45pm Coffee Talk 1:30pm The Women's Room 1:30pm Shop On Your Way Home</p>
<p>23</p> <p>10:00am Civilization &amp; the Jews w/ Keve Karalitzky or Film 11:00am <b>Picking The Right Yoga Class For You / Speaker: Katherine Divone, CPT, Metro Physical Therapy</b> 12:30pm Military History Roundtable 12:45pm <b>Elder Veteran's Law / Julie Wyetzner, COO, Genser Cona Elder Law</b></p>	<p>24</p> <p>10:00am Let's Be Honest 10:00am <b>Arts &amp; Crafts w/ Michele Hertz</b> 11:00am TV Classics 11:00am Chair Yoga 12:45pm <b>Influential Women w/ Freddie Friedman</b></p>	<p>25</p> <p>10:15am <b>The Sound of Newness: Rosh Hashanah Celebration w/ Rabbi Mendel Teldon</b> 11:00am Sit And Fit 12:00pm <b>Rosh Hashanah Luncheon*</b> (Preregister in Rm 24 by 9/16-\$8pp (suggested voluntary contribution)) 12:45pm <b>Musical Entertainment by Ari Leshans / Jewish and Israeli Music</b></p>	<p>26</p> <p>10:00am Laugh Till It Hertz 11:00am TED Talk: Monica Lewinsky: The Price of Shame / Facilitator: Laurie Byrne, LMSW 12:45pm Unleash Your Creativity 12:45pm Reading Shakespeare Aloud</p>	<p>27</p> <p>10:00am Silver Sneakers (Non-Members) 11:00am Silver Sneakers (Members) 12:45pm Coffee Talk 1:30pm The Women's Room 1:30pm Shop On Your Way Home</p>
<p>30</p> <p><b><u>ROSH HASHANAH</u></b> <b>CLOSED</b></p>	<p><b>*OUR</b> <b><u>ROSH HASHANAH LUNCHEON</u></b> <b>IS ON SEPTEMBER 25<sup>TH</sup></b> You must sign up by: <b>MONDAY, SEPTEMBER 16<sup>TH</sup></b></p>			

For further information, please call Tina Block, Director of Senior Services, (631) 462-9800 x121  
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