

Classes run for 8 weeks.
Classes are half an hour long
Members \$150/Non Members \$250



Classes start February 1st
All swim classes are taught by
American Red Cross Certified Instructors

NEW TO THE SUFFOLK Y JCC

Stingrays

2 years to 3 years
Saturdays @ 9:30am
Tuesdays @ 4:30pm

The Stingrays class will continue to grow children's comfort level blowing bubbles, dunking and floating. Stingrays will be introduced to arm and leg movements, which will lay the foundation for instructors to spend more one on one time with each child.



STINGRAYS
2 years—3 years

Parent Child Swim Classes

DOLPHINS
3 years—4 years

Dolphins

3 years to 4 years
Saturdays @ 11am
Tuesdays @ 5pm

Our Dolphins class allows continuous development of all skills with less help from parents. Children will grow to rely on the instructors. Dolphins will continue to work on retrieving submerged objects and increasing their comfort level in the water.



Carolyn Tynan
Aquatic Director
Ctynan@syjcc.org



For more information
Contact Aquatics at
(631) 462-9800 x132