

SYJCC Virtual Senior Center Program Weekly Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Concerts in Motion Professional Classical performance and discussion on Zoom 11:00 am	A Penny for Your Thoughts on Zoom Lively discussions on a variety of topics 2 nd and 4 th Tuesday 10:30 am		Chair Yoga In-person outside 9:15-10:15 am	Sit & Fit In-person outside 10:30-11:30 am
Civilization & the Jews On Zoom 12:30-1:30 pm	American History On Zoom 1:00-2:00 pm	Current Events On Zoom 12:45-2:00 pm	Special Programs On Zoom: Schedule below. 1:00 pm	Herstory On Zoom 1:00-2:00 pm
		Concerts in Motion Youth Concert and discussion on Zoom 4:00 pm		Concerts in Motion Professional performance of variety music on Zoom 2:00 pm

November 2020 Special Programs

Thursday on Zoom

Ned Dorman presents *The Sounds of Music: George Gershwin* a multi-media lecture, Nov 5, 1:00-2:30pm

Gracemarie Horan-Luce, Senior Health Plan Specialist presents *A, B, C & D of Medicare: What's changing in 2021*, Nov 19, 1:00-2:00

Women's & Men's Clubs invite all to join these special Jewish Book Month programs on Zoom

Steven Glantz, author of *Clara's War* in commemoration of Kristallnacht, Mon Nov 9 at 2:00pm

Brad Kolodny, author of *Seeking Sanctuary: 25 Year of Synagogues on Long Island*, Mon Nov 30 at 2:00pm

Concerts in Motion brings together professional musicians and youth for engaging performances that include interaction with the musicians. These programs are in partnership with *Concerts in Motion* and will feature different musicians each week.

Registration required for all programs to receive the zoom link or to reserve a spot for in-person exercise classes.

Register at syjcc.org or call 631-462-9800 x 0 for help with registration or questions



SYJCC 74 Hauppauge Rd, Commack NY 11725
 631-462-9800 www.syjcc.org

Funded by Suffolk County Office For Aging and the Suffolk Y JCC