

2023 - 2024 SYJCC Practice Schedule

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Blue	6:30- 7:00 PM Dry 7:00 - 8:30 PM Swim	6:30 - 8:00 PM Swim	6:15- 6:45 PM Dry 7:00 - 8:30 PM Swim	6:15 - 8:00 PM Swim	OFF	7:00 - 8:00 AM Swim 8:00 - 9:00 AM Dry	3:30 - 5:00 PM Swim
Age Group 3 (AG3)	6:00 - 7:00 PM Swim	OFF	6:00 - 7:00 PM Swim	OFF	6:00 - 7:30 PM Swim	8:00 - 9:00 AM Swim	2:00 - 3:30 PM Swim
Age Group 2 (AG2)	5:00 - 6:00 PM Swim	6:00 - 7:00 PM Swim	OFF	5:00 - 6:00 PM Swim	6:00 - 7:00 PM Swim	9:00 - 10:00 AM Swim	OFF
Age Group 1 (AG1)	OFF	5:00 - 6:00 PM Swim	5:00 - 6:00 PM Swim	OFF	5:00 - 6:00 PM Swim	OFF	1:00 - 2:00 PM Swim